

Town of West Windsor, Vermont

Town Offices

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March 20, 2020

Dear West Windsor resident,

Last night, VTDigger reported the first deaths in Vermont from coronavirus:

“These first deaths are a reminder to us all that this deadly virus is very much here and being transmitted in Vermont,” [Burlington Mayor Miro] Weinberger said in a statement issued later Thursday evening. **“Each of us can...save lives by acting as if we, ourselves, have the virus, and exercising vigilance and personal responsibility to ensure that it does not spread.”**

The article went on to say:

“The Vermont Department of Health has said the state is now in a “community spread” situation, which is why **everyone with the exception of first-responders, health care staffers and other essential workers have been urged to stay home.**”

To help as many people as possible to **stay home**, town officials and community members have organized a group of volunteers who can offer **non-emergency** assistance. **The number to call for this non-emergency assistance is 738-0048.**

The symptoms of coronavirus/Covid-19 include cough, fever and shortness of breath. If you are experiencing any of these symptoms, contact your health care provider by phone. **In an emergency, call 9-1-1.** If you are over 60 or have underlying health conditions, you are at especially high risk and it is critical for you to **stay home**.

If you have family or friends nearby who are willing and able to help you obtain the things you need to stay home (groceries, prescriptions, etc.), that’s ideal but if they are not available, please reach out to our volunteer network and **let us know what you need by calling 738-0048** and we will try to help. You may get an answering machine. Please leave a message with your name, phone number, email address (if you have one) and the type of assistance you need, and someone will contact you as soon as possible.

Some additional resources that will help you stay home:

- If you live within 5 miles of the Brownsville Butcher & Pantry (BB&P), contact them at 802-546-2900 or info@butcherandpantry.com to place a grocery delivery order of \$35 or more. Please provide your name, address, telephone number, requested delivery date & time, grocery order, and intended form of payment. Your order will be reviewed by BB&P and they will call you to confirm. Orders must be received 8 hours before requested delivery time. Deliveries will be made during business hours (the market is open daily 7:00 AM – 5:00 PM; the café is open Tues.-Sat. 7:00 AM – 2:00 PM). To reduce the possibility of virus transmission, items will be left on the door step or porch. BB&P reserves the right to deny or delay orders or items based on item and/or driver availability.

- Contact your pharmacy to see if they can deliver your prescriptions, or mail them to your house. Many pharmacies, including CVS, Kinney Drugs, Walgreens, and Rite Aid, offer alternatives to in-store pick-up.
- If you have a post office box, call Scott Hammond at the Brownsville Post Office (484-5057) and ask if you can designate someone to pick up your mail for you.
- If you have questions about COVID-19, dial 2-1-1. If you have trouble reaching 2-1-1, dial 1-866-652-4636 or visit the VT Department of Health website at www.healthvermont.gov
- If you have a computer with internet access:
 - Consider contacting your bank about setting up on-line banking and automatic bill payments, or call your service providers (phone company, fuel company, Green Mountain Power) about payment options.
 - Check the Town website periodically. As additional local resources are identified, they will be posted at <http://westwindsorvt.govoffice2.com>
 - Consider subscribing to Front Porch Forum, a free online message board for West Windsor and Reading. Go to <https://frontporchforum.com> to subscribe.
 - If you haven't already, join the Brownsville email list by sending an email to brownsville-subscribe@lists.vitalcommunities.org.

Since it's possible to have this virus without knowing it, and to transmit it to friends and neighbors who may be more vulnerable, it's important for all of us to be responsible and avoid unnecessary contact with others.

Let's all take care of ourselves and each other. Be well!